

Kiwanis Park Wave Pool

Come splash and play in Kiwanis' indoor, heated wave pool. Rent a tube and float the waves; enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. There are a few safety rules for your visit; children under age 8 must have an adult with them at all times, no water wings or other floatation devices permitted, and the minimum height to use the water slide is 48".

Wave Pool Hours

August 6 - September 5; Saturdays & Sundays, 1-5 p.m.
September 10 - September 24; Saturdays, 1-5 p.m.

Holiday Wave Pool Hours

September 5, 1-5 p.m.

Wave Pool Fees

Adults (13 yrs+)	\$6	1-5 p.m.
Children (2-12 yrs)	\$3	1-5 p.m.

Mid-Day Waves Hour Rates

3-5 p.m. (During Wave Days, Only)

Adults (13 yrs+)	\$4
Children (2-12 yrs)	\$2

*No other discounts maybe used with this discount

Lap Swimming Hours

Effective August 8 - December 3*

Monday - Friday 7-10 a.m.*

Monday - Thursday 11:30 a.m.-1:30 p.m.**

Monday - Thursday 5-8 p.m.*

Saturday 8-11 a.m.*

*Except during private rentals

*No lap swim 11/11

Lap Swim Admission Fees

Adults (13 yrs+)	\$2.25
Children (2-12 yrs)	\$1.25

Private/Semi-Private Lessons

Private and semi-private lessons are available through the Kiwanis Recreation Center. For additional information, call 480-350-5201.

Rates Per Class Meeting	1/2-hr	3/4-hr	1-hr
Private (1 Individual)	\$20	\$25	\$30
Semi-Private (2 Individuals)	\$25	\$30	\$35

Escalante Pool

2150 E. Orange Street, 480-350-5204

Fees

Children Under 6 yrs	FREE
Children 6-17 yrs	\$.75
Adults 18 yrs+	\$1.25

Recreation Swim

August 6 - September 5; Saturdays and Sundays, 1-5 p.m.

Holiday Hours

September 5, 1-5 p.m.



Swimming Pool Activities

Swimming Lesson General Information

The City of Tempe Community Services Department provides a progressive program for students who wish to learn or improve their swimming skills. This program is based on the American Red Cross learn-to-swim program. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration.

A student may register for a maximum of one learn-to-swim class using any of the registration procedures below. A student may also register for special classes in addition to a swimming class.

Students may register for additional learn-to-swim classes after they have completed a class. At the end of the seventh lesson, each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation three days prior to the start date if minimum registration is not met.



Aquatics

Swim Lesson Program Class Descriptions

Parent-Assisted Lessons; 30-Minute Classes

Star Babies (8-12 mos.)

Designed to be an infant's first introduction to water adjustment with an emphasis on parent participation/education, as well as safety skills and fun. One child per adult.

Star-Infant (12-24 mos.)

Designed with an emphasis on parent participation, safety skills, comfort and fun. One child per adult.

Star-Tot (24-36 mos)

For older tots to continue water adjustment, swim-readiness skills and safety skills. One child per adult.

Star-Shrimps (2-4 yrs)

For preschool-age children who are not ready for an independent swim program, or the child who has mastered the Parent-Tot class and is ready for more swim-readiness skills. One child per adult.

Pre-School-Age Lessons; 30-Minute Classes

(Suggested Ages: 3-5 yrs)

Sea Horse Swim School

Sea Horse White

For children ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath-holding and floating.

Sea Horse Red - Prerequisite Skills

Blow bubbles, fully-submerge unassisted; front and back float with support.

Sea Horse Yellow - Prerequisite Skills

Jump into 4 ft. of water; float for 5 seconds, back and front.

Sea Horse Blue - Prerequisite Skills

Jump-in and swim 10 ft., return; back glide 10 ft.

Sea Horse Green - Prerequisite Skills

Tread water 15 seconds, swim 20 ft. with side-breathing; Backstroke with kick, 20 ft.

Sea Horse Stroke School - Prerequisite Skills

Jump-in; swim 25 yds. Freestyle and return with rhythmic-breathing; 25 yds. Backstroke.

School Age Lessons; 30-Minute Classes

(Suggested Ages: 6 yrs+)

Starfish Swim School

White/Red - Prerequisite Skills

For the child with little or no formal instruction in aquatic skills. Class emphasis is on water adjustment skills, bubbles and breath-holding, fully-submerging unassisted, and front and back float with support.

Yellow - Prerequisite Skills

Jump into 4 ft. of water; float for 5 seconds, back and front.

Blue - Prerequisite Skills

Jump-in and swim 10 ft., return; back glide 10 ft.

Green - Prerequisite Skills

Tread water 15 seconds, swim 20 ft. with side-breathing; Backstroke with kick, 20 ft.

Starfish Stroke School

White/Red - Prerequisite Skills

Jump-in, swim 25 yds. Freestyle and return with rhythmic-breathing; 25 yds. Backstroke.

Yellow - Prerequisite Skills

Freestyle and Backstroke 50 yds.; Butterfly Kick, 10 yds.

Blue - Prerequisite Skills

Freestyle and Backstroke 75 yds.; Butterfly 10 yds.; Breaststroke Kick, 10 yds.

Green-Prerequisite Skills

Swim 100 yds. Freestyle and Backstroke; 25yds. Butterfly, and 25 yds. Breaststroke.

Adult Swim Lessons - 15 Yrs+

Adult Beginner - Prerequisite 15 yrs+

Class is designed for adults who wish to learn how to swim, and will be geared to meet the needs of individuals. Emphasis is on adaptation to the water and introduction to the Front Crawl, back float and safety skills.

Adult Intermediate - Prerequisite 15 yrs+

Class is designed for adults who have mastered beginner skills and can swim 25 yds. using the Front Crawl.

Adult Stroke Improvement - Prerequisite 15 yrs+

Class is designed to improve upon and refine current skills, rather than teach strokes.

Adult Fitness

Water Fitness (Aerobics)

A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No Swimming ability required.

Deep Water Fitness (Aerobics)

This is a water fitness class using deep water as its medium. Participants should be comfortable in deep water. Class will use some flotation devices to exercise.

Kiwanis Pool Water Aerobics Schedule

Class Title	Day	Time
Pool Water Aerobics 8/8 - 12/3		
Deep Water	M/W	6:40 p.m.
Water Fitness	M/W	8:50 a.m.
	M/W	5:30 p.m.
	T/TH	8:50 a.m.
	T/TH	6:40 p.m.
	Sa	9 a.m.

No class 9/5 and 11/24

Program Card Fees – Water Fitness

4 Workouts: \$16 / 6 Workouts: \$24 / 8 Workouts: \$32
Purchase cards at Kiwanis Front Desk; classes are on-going

Kiwanis Pool Evening Swim Lesson Schedule
Monday/Wednesday Classes. Classes meet twice a week for
four weeks. Fees for Swim Classes: \$46. 480-350-5201

Class Title	Time	Session I 9/7-10/3
Parent-Assisted Classes		
Star Infant	5:35 p.m.	27103
ParentTot	6:10 p.m.	27108
Shrimps	5 p.m.	27105
Preschool Sea Horse Swim School; Ages 3-5 yrs		
Sea Horse White	5 p.m.	27087
	5:35 p.m.	27089
	6:10 p.m.	27088
Sea Horse Red	5 p.m.	27077
	6:10 p.m.	27078
	6:45 p.m.	27079
Sea Horse Yellow	5 p.m.	27094
	5:35 p.m.	27095
Sea Horse Blue	5:35 p.m.	27068
	6:45 p.m.	27069
Sea Horse Green	6:45 p.m.	27073
Starfish Swim School; Ages 6 yrs+		
Starfish White/Red	5 p.m.	27139
Starfish Yellow	5:35 p.m.	27144
	6:45 p.m.	27145
Starfish Blue	5 p.m.	27130
	6:10 p.m.	27131
Starfish Green	5:35 p.m.	27135
Starfish Stroke School; Ages 6 yrs+		
Starfish Stroke White/Red	6:45 p.m.	27117
Starfish Stroke Yellow	6:45 p.m.	27129
Starfish Stroke Blue	6:10 p.m.	27111
Starfish Stroke Green	6:10 p.m.	27114
Adult Lessons; Ages 16 yrs+		
Adult Beginner	7:20 p.m.	27066
Adult Intermediate	7:20 p.m.	27064
Adult Stroke Improvement	7:20 p.m.	27065

Kiwanis Pool Evening Swim Lesson Schedule
Tues/Thurs Classes. Classes meet twice a week for
four weeks. Fees for Swim Classes: \$46.

Class Title	Time	Session I 9/6 – 9/29
Parent-Assisted Classes		
Star Babies	5:35 p.m.	27101
StarTot	5 p.m.	27109
Shrimps	6:10 p.m.	27106
Preschool Sea Horse Swim School; Ages 3-5 yrs		
	6:45 p.m.	27090
Sea Horse Red	5 p.m.	27080
	6:10 p.m.	27081
Sea Horse Yellow	5 p.m.	27096
	5:35 p.m.	27097
Sea Horse Blue	5:35 p.m.	27070
	6:45 p.m.	27071
Sea Horse Green	5:35 p.m.	27074
	6:10 p.m.	27075
Starfish Swim School; Ages 6 yrs+		
Starfish White/Red	6:10 p.m.	27142
Starfish Yellow	5:35 p.m.	27147
	6:45 p.m.	27146
Starfish Blue	5:35 p.m.	27133
	6:45 p.m.	27134
Starfish Green	5 p.m.	27137
	7:20 p.m.	27136
Starfish Stroke School; Ages 6 yrs+		
Starfish Stroke White/Red	6:10 p.m.	27118
	7:20 p.m.	27120
Starfish Stroke Yellow	5 p.m.	27123
	6:10 p.m.	27124
Starfish Stroke Blue	6:45 p.m.	27112
Starfish Stroke Green	6:45 p.m.	27115
Adult Lessons; Ages 16 yrs+		
Adult Beginner	7:20 p.m.	27151

***Want to keep a good
class going? Register early!***

Aquatics

Kiwanis Pool Saturday Swim Lesson Schedule

Classes meet once a week for six weeks.

Fees for Swim Classes: \$35

Class	Time	Session I 9/10 -10/15
Parent-Assisted Classes		
Star Babies	10:45 a.m.	27102
Star Infants	9 a.m.	27104
StarTot	10:10 a.m.	27110
Shrimps	9:35 a.m.	27107
Preschool Sea Horse Swim School; Ages 3-5 yrs		
Sea Horse White	9 a.m.	27092
	10:10 a.m.	27093
Sea Horse Red	9 a.m.	27083
	10:10 a.m.	27084
Sea Horse Yellow	9:35 a.m.	27099
	10:45 a.m.	27100
Sea Horse Blue	10:45 a.m.	27072
Sea Horse Green	9:35 a.m.	27076
Starfish Swim School; Ages 6 yrs+		
Starfish White/Red	9:35 a.m.	27140
	10:10 a.m.	27141
Starfish Yellow	9 a.m.	27149
	10:45 a.m.	27148
Starfish Blue	10:10 a.m.	27132
Starfish Green	10:10 a.m.	27138
Starfish Stroke School; Ages 6 yrs+		
Starfish Stroke White/Red	9 a.m.	27122
	9:35 a.m.	27121
Starfish Stroke Yellow	9 a.m.	27125
	9:35 a.m.	27126
Starfish Stroke Blue	10:45 a.m.	27113
Starfish Stroke Green	10:45 a.m.	27116



Special Interest Aquatics Classes



**American
Red Cross**

Together, we can save a life

American Red Cross Lifeguard Training

An American Red Cross certification course for individuals who are interested in life-guarding. Course will include First Aid, CPR, as well as Lifeguard Training. Must be 15 years of age and able to perform the Swimming skills necessary to complete the course requirements. Fee: \$120. 480-350-5201

27067	15 yrs+	Th/F	10/6-10/22	6-9:30 p.m.	KRC
		Sa	10/6-10/22	8 a.m.-5 p.m.	KRC

Water Safety Instructor

This is an American Red Cross certification course for individuals wishing to become Swimming instructors. Must be 16 years of age and able to perform the skills appropriate for the class. Fee: \$120. 480-350-5201

27150	16 yrs+	Th/F	11/3-11/19	6-9:30 p.m.	KRC
		Sa	11/3-11/19	8 a.m.-5 p.m.	KRC



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